**T03 WEB LINKS**

**TUTORIAL 1**

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| Self-Introduction | <https://ntu-sg.padlet.org/tayshanchuanjanice/ygdcfxvmgzjzfp72> |

**TUTORIAL 2**

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| **Platform** | **Name of Activity** | **Link** |
| Website | Pre-Course Survey | <https://forms.office.com/pages/responsepage.aspx?id=SJPOFSq-K0aPwOF2WpsgSiBP70-iI_VFlN2zAl--lw9UN0dKNllLVFBDU0ZPSFgwMEVIVTIzRDBaRy4u> |
| Website | Myfitness pal | <https://www.myfitnesspal.com/food/search> |
| Padlet | Myfitnesspal food analysis | <https://ntu-sg.padlet.org/tayshanchuanjanice/3prmg049izk2idoc> |
| Padlet | Food Scenarios | <https://ntu-sg.padlet.org/tayshanchuanjanice/w26rwtytx93g8htu> |

**TUTORIAL 3**

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| **Platform** | **Name of Activity** | **Link** |
| Excel | Forming your groups | [T03 Groupings.xlsx](https://entuedu-my.sharepoint.com/:x:/g/personal/janice_taysc_staff_main_ntu_edu_sg/EQ42CLy5oLpPoBB3nYujnUYB66xqgx_FKBDRCX6t02mWKg?e=zPc957) |
| Website | 8 Colors of Fitness | <https://the8colorsoffitness.com/> |
| Mentimeter | What is your fitness personality | <https://www.menti.com/s8s1zeqcjo> |
| Padlet | Colors of Fitness | <https://ntu-sg.padlet.org/tayshanchuanjanice/85ixc5b07kwub5yx> |
| Padlet | Among Us | <https://ntu-sg.padlet.org/tayshanchuanjanice/kut72nn65fypc1j4> |
| Padlet | NEAT Scenarios | <https://ntu-sg.padlet.org/tayshanchuanjanice/r0iunpnvdzs24gv2> |
| Extra: Website | If you are interested in finding out what is your personality type | <https://www.16personalities.com/> |